

DECISION-MAKER:	SCRUTINY INQUIRY PANEL
SUBJECT:	CARER FRIENDLY SOUTHAMPTON – CARERS HEALTH, WELLBEING AND SAFETY
DATE OF DECISION:	5 NOVEMBER 2020
REPORT OF:	DIRECTOR – LEGAL AND BUSINESS OPERATIONS

<u>CONTACT DETAILS</u>				
Executive Director	Title	Deputy Chief Executive		
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STATEMENT OF CONFIDENTIALITY		
None		
BRIEF SUMMARY		
In accordance with the inquiry plan, for the second meeting of the ‘Carer Friendly Southampton Inquiry’ the Panel will be considering issues related to the health, wellbeing and safety of carers.		
RECOMMENDATIONS:		
	(i)	The Panel is recommended to consider the comments made by the invited guests and use the information provided as evidence in the review.
REASONS FOR REPORT RECOMMENDATIONS		
1.	To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process.	
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED		
2.	None.	
DETAIL (Including consultation carried out)		
3.	At the inaugural meeting of the inquiry the Panel were provided with an overview of the challenges carers are experiencing, and the commissioning landscape for carers support in Southampton.	
4.	At the second meeting the Panel will be considering issues related to the health, wellbeing and safety of carers.	
5.	Studies indicate that the impact of informal caregiving on the carer’s health is complex, and the intensity of care provision has an adverse impact on the caregivers’ health, while social participation could have a protective role in this respect.	

6.	<p>According to Carers UK's State of Caring 2018 Survey:</p> <ul style="list-style-type: none"> • People providing high levels of care are twice as likely to be permanently sick or disabled • 72% of carers responding said they had suffered mental ill health as a result of caring • 61% said they had suffered physical ill health as a result of caring • 8 in 10 people caring for loved ones say they have felt lonely or socially isolated.
7.	To provide a carers perspective on the issues the Panel will hear from carers about their experiences related to their health and wellbeing.
8.	<p>Following the insight from carers a number of guests have been invited to provide the Panel with information on support to improve the health and wellbeing of carers:</p> <ul style="list-style-type: none"> • Clare Rachwal – Team Manager, Portsmouth Carers Centre <p>Clare has been invited to share with the Panel an overview of how Portsmouth support carers health and wellbeing.</p> <ul style="list-style-type: none"> • Sarah Balchin, - Associate Director Patient Experience, Solent NHS Trust • Dawn Buck - Head of Patient and Public Engagement and Patient Experience, Southern Health NHS Foundation Trust • Jackie Petley - Carer Experience Lead, University Hospital Southampton NHS Foundation Trust <p>Representatives from the NHS providers in Southampton will deliver a joint presentation on the work they are engaged in to support the health and wellbeing of carers.</p> <ul style="list-style-type: none"> • Sharon Stewart – Divisional Head of Service for Adult Social Care, Southampton City Council <p>Sharon will be outlining the whole family and strengths-based approach employed by Adult Social Care.</p> <p>In addition, attempts are being made to secure the attendance of a GP in Southampton to understand how primary care services support the health of carers.</p>
9.	The invited guests will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel.
10.	To provide context to the discussion, attached as appendices are examples of best practice with regards to carers health and wellbeing from the NHS Commitment to Carers Toolkit (Appendix 3), and, attached as Appendix 1, actions and commitments from the Government's 'Carers Action Plan 2018-20' and 'NHS England's Commitment to Carers' relevant to the meeting topic.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue/Property/Other</u>	
11.	None
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	

12.	The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.
<u>Other Legal Implications:</u>	
13.	None
RISK MANAGEMENT IMPLICATIONS	
14.	None
POLICY FRAMEWORK IMPLICATIONS	
15.	None

KEY DECISION?	No
WARDS/COMMUNITIES AFFECTED:	None
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Actions and commitments from the National Carers Action Plan and NHS Commitment to Carers
2.	Best practice examples – Carers health and wellbeing

Documents In Members' Rooms

1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out?	No
Data Protection Impact Assessment	
Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	No
Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	None